



**UPM**  
UNIVERSITI PUTRA MALAYSIA  
BERILMU BERBAKTI



**HPUPM**  
HOSPITAL PENGAJAR UPM  
PROVIDING EXTRAORDINARY CARE TOGETHER

CLINICAL RESEARCH UNIT PRESENTS

# META-JOURNAL HOUR

## ARTICLE TITLE

**The impact of Movement Control Order (MCO) during the COVID-19 pandemic on lifestyle behaviours and body weight changes: Findings from the MyNutriLifeCOVID-19 online survey**

Click to access full article:

<https://doi.org/10.1371/journal.pone.0262332>

**18<sup>th</sup> FEBRUARY 2022 (FRIDAY) | 10.30 – 11.45AM | WEBEX**

Click [\[HERE\]](#) to register  
or scan the QR code below:



To access the meeting,  
click [\[HERE\]](#)

*Speaker*



Ms. Salwana Ahmad  
Research Officer, CRU

Open to all UPM/ HPUPM staff, students and public  
CPD points and e-certificate will be awarded upon  
successful participation

For any inquiries, please contact: 03-97699759 or email: [cru\\_hpupm@upm.edu.my](mailto:cru_hpupm@upm.edu.my)



<https://www.facebook.com/hpupm>



<https://mobile.twitter.com/hpupm>



<https://www.instagram.com/hpupm>



PERTANIAN • INOVASI • KEHIDUPAN

BERILMU BERBAKTI  
WITH KNOWLEDGE WE SERVE

[www.hpupm.upm.edu.my](http://www.hpupm.upm.edu.my)